

Three Pennsylvanians Wounded On Night of the 13th When Two More Sammies Met Their Death

No Details Are Given In Report of General Pershing Received Today Thot To Be Result of Shell Fire

KILLED WERE OF FOREIGN PARENTAGE

Washington, Nov. 19.—Two American soldiers were killed and six wounded in an engagement Tuesday night, General Pershing reported today.

The killed are Sergeant J. S. Szajka, Milwaukee, and Private Stanley Janovitz, East Boston, Mass.

Slightly wounded: Private Edward Cahill, Bakers-town, Pa., Sergeant Jas. Logan, Mt. Carmel, Pa., Private Chester Johnson, Forrest Hill, La., and Private Robert L. Reed, Burneyville, Okla.

This is the second casualty list reported after active fighting with the Germans. The engagement took place on the night of November 13. General Pershing's report gave no details. Whether the Americans were aggressive or were attacked by another German "shocking" party was not stated in the War Department's announcement.

United Press dispatches from the front last week told of further casualties among the Sammies in a trench in No Man's Land when a shell exploded among the Americans.

Sunday Celebrating 55th Birthday Today

Fighting Evangelist Has Had a Most Remarkable Career

Rev. "Billy" Sunday, the famous evangelist, now conducting a great revival in Atlanta, today enters upon his 55th year, having been born at Ames, Iowa, Nov. 19, 1863. The death of his parents necessitated his leaving school at an early age. At 14 he had become self-supporting. At 20 he entered the field of professional baseball, in which he attained celebrity as a player with the Chicago, Pittsburgh and Philadelphia teams of the National league. It was a little band of rescue mission workers on a Chicago street corner that really brought Sunday out from the listening group of five or six ball players one evening, and started him along the road in which he has won worldwide fame. For several years after quitting baseball in 1890 he was engaged in Y. M. C. A. work. Then he quitting baseball in 1890 he was engaged in Y. M. C. A. work. Then he was ordained to the Presbyterian ministry in Chicago. During the past fifteen years, during which he has appeared in many cities, he is estimated to have made half a million conversions. In this work he has been greatly aided by his wife, familiarly known as "Ma" Sunday, to whom he was married in Chicago in 1888.

RUBIN & RUBIN HERE THURSDAY

Rubin & Rubin, Harrisburg's leading eye specialists will be at Woodward & McPherson's drug store, Clearfield, Pa., Thursday, Friday and Saturday, November 22, 23, 24 for three days. Eyes examined free. Glasses for reading as low as \$1.00. Open evenings. Special attention is given to school children's eyes. Watch Wednesday's paper for the big ad. N19-2t

Boche Shell Shatters Rifle In Hands of This Careless Sammie

Night Patrols Not Bothering Americans Since Last One Met Warm Reception

By J. W. Pegler
(United Press Staff Correspondent)
American Field Headquarters, France, Nov. 19.—German night patrols are giving the Americans a wide berth since the Sammies accorded a similar party such a warm welcome. The sector has been quiet during the last few days, however, it is normally active. There have been no infantry attacks. There has been a few snail shells during the past few days. The General Pershing made a surprise visit to his men in the front line trenches Saturday and Sunday today.

greatly pleased with the efficiency and splendid discipline of his men under fire.

There is one Sammie in the trenches who is not likely to forget his experience. He had taken an advance machine gun position and hid in a shallow trench. It was so shallow that when he raised up the Boches saw him and took him for a target. The shell hit his rifle and glancing off burst a few yards distant. The American was not even knocked over. Saying, "The sons of a guns," he hurried away for another rifle.

Two of Uncle Sam's Finest Take Brides

Army And Navy Represented In Weddings of Last Saturday

Wedding bells rang merrily on Saturday for the boys in the service of Uncle Sam. The little god, Cupid, put one over on the god of War when Miss Hazel Keith of Glen Richey, became the bride of James A. Witherow of the U. S. Ship Arizona and Miss Triphena Polkinghorn became the bride of Corporal Wesley Beatty.

Mr. Witherow who is well known in Clearfield came home last Tuesday and returned to his duties on the good ship Arizona this morning leaving his charming bride with his parents with whom she will make her home until his return from the navy.

The ceremony was performed by Rev. Resh of the West Side Methodist church. On Friday night a party was given to Mr. Witherow at his home at which there were about thirty-five guests present.

Corporal Beatty came home on a furlough only recently and gave no one any intimation that his mission was one of love and so well did he guard his secret that the ceremony was almost over before his friends were aware that he had taken a wife. His bride, a lovely girl of Woodland, will make Mr. Beatty a true and good helpmate.

Winburnite Vows He Will Bag Submarine

A. Barr Has Traveled Twenty-Four Thousand Miles in Five Months

The following letter was received from A. Barr, brother of Thomas Barr, the well known peace officer of Winburne, by the members of the Winburne I. O. O. F. lodge. Mr. Barr is serving his second enlistment in the navy and is at present on one of the destroyers acting as convoys to troop transports.

Philadelphia, Nov. 11, 1917

Dear Sir and Brothers:
It is with the greatest of pleasure I answer your letter which I received the other day and was glad to hear from the boys at home. I have been across the pond a few times since I left Winburne. I have traveled twenty-four thousand miles in the last five months. That is going some. We have to get the soldiers across to do the fighting in France. I have seen some awful sights, if I only dared tell. We have a pretty risky job, but I am going to bag a submarine before I get back to Winburne. Will close for this time.

Sincerely
A. BARR
U. S. S. Henderson

The Winburne lodge No. 61 I. O. O. F. has sent Christmas boxes to the members who are in the service of the United States. The boxes are filled with such things as will be found helpful to the soldier boys.

Boxes have been sent to A. Barr, U. S. S. Henderson and J. A. Edlund, who is "somewhere in France."

CONCERT VIOLINIST CURRIES ARMY MULES

Houston, Tex., Nov. 19.—From concert platform to currying horses. From the Chair of the Violin in the Peoria, Ill., Conservatory of Music, and engagements at \$500.00 a night, to a camp stool, khaki, and thirty dollars a month as a private in Headquarters Troop of the Thirty-Third Division of the United States Army. That is the remarkable metamorphosis of Sol Cohen, 26, pupil of Jene V. Hubay, formerly first violinist in the Cincinnati Symphony Orchestra and society pet and musical lion of Chicago and Peoria.

Four times Cohen volunteered, but was rejected as being physically unfit. He set to work to build up his physical condition, and on the fifth application was accepted.

Because he "loves America better than his violin," Sol Cohen curries army horses or walks a guard post at \$30.00 a month "and found."

"I believe I'll make a good soldier," he said today.
"Of course, I shall play for the boys here—and in the trenches over there. I'll be happy if I make their days of war less arduous."

CHILEAN BEAUTY GOES ON TRIAL FOR HER LIFE

Mrs. DeSaullis Who Murdered Her Wealthy Husband Is Bro't To Bar of Justice

SUPREME PENALTY IS ASKED

Minneapolis, L. I., Nov. 19.—The death penalty for Mrs. John DeSaullis, beautiful Chilean heiress was demanded by the prosecution today at the opening of the trial on the charge of murdering her husband John L. DeSaullis, famous Yale football player.

District Attorney Weeks addressed a peremptory challenge to Thomas McLaughlin of Hempstead, the first jurymen called. Weeks asked him if he had any scruples against sending a woman to the electric chair. Ghostly pale Mrs. DeSaullis entered the court room shortly before Judge Manning went on the bench. Chilean relatives of Mrs. DeSaullis occupied seats inside the railing.

The trial of Mrs. Blanca Errazuriz de Saullis, noted as Chile's most beautiful heiress for the "murder of her husband John L. de Saullis, former Yale football star, society and clubman, at "The Box" the De Saullis home at Hempstead Plains, L. I., on the night of August 3, gives promise of becoming the world's most expensive murder trial.

Mrs. De Saullis' mother, Mrs. Blanca Vergara de Errazuriz, and her son are here aiding Mrs. De Saullis. They have unlimited means. Mrs. Errazuriz has declared that she would spend her entire fortune, estimated at \$20,000,000, in defending her daughter and securing for her the custody of her son, John de Saullis, Jr.

The De Saullis are also prepared to spend a fortune in their efforts to retain the custody of the boy.

The romance of De Saullis and the young Chilean heiress at one time interested two continents. Prior to his marriage to the beautiful Chilean, De Saullis had twice been reported engaged. He declared his intention of remaining a bachelor, insisting that the rumors of his engagement were started by college friends as a joke.

In 1910, De Saullis bearing letters of introduction that paved his way to the most exclusive society circles, went to South America as the Chilean representative of the South American Concessions company.

Within a few months after he met Blanca Errazuriz he proposed. Parental objections are said to have interfered, however, and the mother and daughter went to Paris. De Saullis followed them to the French capital, and within a few months, overcame the objections of Mrs. Errazuriz, and the couple were married in Paris.

With his young bride, she was then but slightly more than 16, DeSaullis returned to New York.

In July, 1916, Mrs. De Saullis brought an action for divorce in the New York Supreme Court, naming Joan Sawyer, the dancer, and asking custody of the little boy. During the divorce trial evidence was presented that De Saullis and the dancer had spent much time together.

In December 1916, Mrs. De Saullis was granted a divorce and \$300 a month alimony. The alimony was to be cut in half in case Mrs. De Saullis remarried. She asked complete custody of her son and permission to take him to South America and London. This was denied, Judge Pendleton ordering that until the war ended, and the submarine danger was over, the boy was not to be taken from this country.

Mrs. De Saullis was given the custody of the boy for seven months of the year. De Saullis was to have his son the other five months. The decree further ordered that when the child became eight years old his father was to have entire control of his education.

Mrs. De Saullis sought a modification of the decree and in filing her affidavit to the court said: "It is an extremely painful position to be placed in. I must either give up my child and let him remain here or give up my mother and my friends in Chile."

Later it was announced that De Saullis and his former wife had reached an agreement out of court whereby both would have the custody of the boy at agreed intervals.

On the night of August 3, Mrs. De Saullis left her home at Roslyn, L. I., driving to the Hempstead home of De

PLAN YOUR NEXT GARDEN IN LOTS OF TIME NOW

Greater Study Should be Made of Location of Different Plants and Rotation of Crops

ORDER SEEDS EARLY

(Written for United Press)
Washington, Nov. 19.—Plan your 1918 garden now.

During the last four days the National Emergency Food Garden Commission has been giving instructions for fall and winter handling of the ground to be used for war gardens in 1918.

With the various suggestions heeded and the ground properly attended to, the next matter for attention is the garden plan and the ordering of seed. Those who had gardens in 1917 will profit by both their successes and failures and will enter the new year with a firm determination to have a better garden than the old one.

Draw a working plan on paper and study and change it until it suits your conditions perfectly. Have the very earliest crops together at one side. Arrange the low growing crops side by side, for if the ground is rich enough and the area limited these may be planted close together. In general, place the tallest plants on the north side of the low plants, if the rows run east and west, so there will be no shading.

If it can be done, it is well to plant the various crops in a different place from where they were last year, except that early peas do well on the same ground, especially if it is manured.

There will be a big demand for garden seed next spring and the wise gardener will soon decide upon just which crops, and the amount of each he will plant and then order seeds accordingly. As a guide to the possible amounts of seed needed the following table is given for 100 feet of row:

Beans, snap	1 pint
Beans, pole lima	2 pints
Beans, bush lima	1/2 to 1 pint
Cabbage, early	1/2 ounce
Carrot	1 ounce
Cauliflower	1 packet
Celery	1 packet
Cucumber	1/2 ounce
Egg plant	1 pack. 1
Kale, or Swiss Chard	1/2 ounce
Parsley	1 packet
Parsnips	1/2 ounce
Salsify	1 ounce
Squash, summer	1/2 ounce
Squash, Hubbard type	1/4 ounce

BRITISH GENERAL DEAD

(By United Press)
London, Nov. 19.—The death on Sunday of General Maude, British commander of the Mesopotamia expedition was announced in an official dispatch today. He was reported last week to have been ill.

Saullis. Witnesses say that Mrs. DeSaullis demanded of her husband, that he immediately return the child to her. It is said that De Saullis reminded her of their agreement and said she must live up to it.

A spirited quarrel ensued. De Saullis rose to enter the house. It is supposed Mrs. De Saullis believed he intended to spirit the child away. As De Saullis entered the house five shots were fired. The shots entered De Saullis' back and side. He was rushed to the hospital and died thirty minutes later.

Officers hurriedly summoned by members of the De Saullis household found Mrs. De Saullis on the lawn. The officers say Mrs. De Saullis admitted the shooting, saying she shot her husband because "he failed to keep his promise and return our son to me."

Mrs. De Saullis was taken to the Nassau County jail at Mineola and charged with the murder. From the first day of her arrest she pleaded for a visit from her son, the innocent cause of the shooting. For several days the whereabouts of the boy was a mystery, and not until attorneys for Mrs. De Saullis threatened court proceedings was the child taken to his mother.

Later, acting upon a petition from the boy's uncle Charles A. H. De Saullis, Surrogate Robert Fowler, signed an order directing Mrs. De Saullis to show cause why the petitioner could not be appointed general guardian for the boy.

ITALIANS CHECK ADVANCE OF TEUTONS

All Reports Indicate That They Will Hold Enemy Back of Banks of Piave River

ALL OTHER WAR MESSAGES

(By United Press)
With the Italian army, Nov. 19.—The Piave River line still holds today with what seems to be the most desperate attacks of the enemy. Infantry attacks along the whole front with violent artillery were in progress.

The Italian troops succeeded in concentrating their possessions so that the enemy is menaced by annihilation. The two centers of the fighting today was on the Asiago plateau to the north an din the middle of the Piave River line. The momentary breach on the Piave front has been blocked by the Italians.

The Russian Situation

Stockholm, Nov. 19.—Official government troops have stopped marching toward Petrograd according to dispatches received today from the Russian capital. The decision not to attempt to invade the city was due it was believed to the continued ignorance as to Premier Kerensky's whereabouts. General Gauhkhonine chief of the army general staff issued the order stopping the advance. Dispatches from Petrograd declared that the revolutionary committees' influence was extending through Northern Russia. The capital was reported normal.

British Raid a Success

London, Nov. 19.—British troops carried out a successful raid in the neighborhood of Monty and Greenland and to the north of Roux Field Marshal Haig reported today. Along the whole area he reported enemy artillery very active.

German Loss—Two Destroyers

Amsterdam, Nov. 19.—One and possibly two German destroyers were last with most of their crews in the engagement with the British naval forces at Heligoland Saturday travelers from Germany said today.

D'Annunzio Fails to Return

Rome, Nov. 19.—Gabriele D'Annunzio, Italy's foremost author, dramatist and writer was reported today as having failed to return from a recent flight over the enemy lines. D'Annunzio is known as one of Italy's daring aviators.

The evacuation of Venice was reported to be almost completed today. The water city has been stripped of all its movable art possessions. Only a few hundred residents remain.

Brazil Under Partial Martial Law

Buenos Ayres, Nov. 19.—President Bray of Brazil has issued an order establishing military law in the states south of the state of Rio de Janeiro. This is the section of Brazil which is thickly populated with Germans.

THIS SUFF A QUTTER

(By United Press)
Washington, Nov. 19.—Sixteen women party pickets are in a dangerous condition due to the hunger strike they have been on since Wednesday according to Mrs. J. H. Short, of Minnesota, who paid her \$25.00, and was released from the work house.

Pupils desiring to do work in commercial subjects will meet the superintendent of schools in his office at the High School building Wednesday evening at 7:30 at which time a night school will be organized. N19-20

Alien Enemies Barred From The District of Columbia By Wilson

Presidential Proclamation Also Removes Them From The Panama Canal Zone

Washington, Nov. 19.—All alien enemies are barred from the District of Columbia and the Panama Canal zone in a proclamation issued by President Wilson today. It also restricts the movement of alien enemies in the United States. Registration cards will be issued and alien enemies not able to show this card after a date to be fixed by the Attorney General will be arrested.

INSTITUTE ANSONVILLE WEDNESDAY

Interesting Program Arranged for Instruction and Entertainment of Largo Crowd Expected

WIDE RANGE OF SUBJECTS

Following is the program for the Ansonville, Farmer's Institute to be held Wednesday, November 21st. On Friday there will be an institute at the Mt. Joy church, the program for which will be published in the Progress tomorrow.

Morning Session—10 A. M.
Call to order County Chairman

Music Invocation

Opening address Rev. G. W. Baker

Response A. T. Kautsky

Music by local choir

Soil preparation Prof. Franklin Menges

Use of Stable Manure J. Stuart Groups

How to Buy and Use Commercial Fertilizers E. L. Phillips

Question box Adjournment

Afternoon Session—1:30 P. M.

Music by the choir

How We Increased the Yield of Corn J. Stuart Groups

Method of Introducing Clover into Rotation Prof. Franklin Menges

Poultry House Construction E. L. Phillips

Question box Adjournment

Evening Session—7:30 P. M.

Address Rev. William E. L. Phillips

Poultry How we Grow Potatoes at a Profit J. Stuart Groups

Agricultural Education Prof. Franklin Menges

Question box Adjournment

Morning Session—10 A. M.

Music by choir

Poultry Farming E. L. Phillips

Natural Ways of Maintaining Soil Fertility Prof. Franklin Menges

Humus in soil J. Stuart Groups

Question box

Afternoon Session—1:30 P. M.

Address Rev. H. L. Jarrett

Benefits of Corn Breeding Prof. Franklin Menges

The Need of Lime in the Soil E. L. Phillips

Twenty Years Experience with Hogs J. Stuart Groups

Question Box

Evening Session—7:30 P. M.

The Boy of Tomorrow Rev. H. A. Troutman

Industrial Alcohol in Agriculture Prof. Franklin Menges

Advantages of Farm Over City Life J. Stuart Groups

Adjournment

Four Men Certified To New National Army

Bo's District And Local Boards Reverse Former Findings

By action taken today the force of available men for the New National army will be increased by four individuals, the district board having withdrawn exemptions heretofore granted to Earl Gulich and William John Cutera, both of Clearfield. Both men are married but have no children.

In the case of Luther Granville Haverstock, the District Board has affirmed the finding of the local board in refusing exemption, Haverstock having no dependant children.

Troop D. Parker who married recently has had his exemption withdrawn by action of the local board.

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Entered at Post Office at Clearfield, Pa., as second-class matter.

MONDAY EVENING, NOVEMBER 19, 1917.

Take this tip from father: It is false economy to save eight cents on a meal and then buy candy or soda water to satisfy a craving for sweets in the afternoon.

PLAY FAIR WITH RAILROADS

An immediate and material increase in freight rates is urged by a shipper who uses 50,000 car loads of rail transportation every year. The man who takes this view of the rate question is Walter S. Dickey, of Kansas City who operates more than 20 clay products plants in ten different states. He believes that railroads are entitled to the increase and that the shippers will in the end benefit by it.

POLITICAL BUNKIES

The decision of the American Federation of Labor to enter into national politics will have a tremendous influence on American politics. Many predict ruin for the Federation, claiming that labor will not be the gainer by mixing in politics. Others see a period of confusion in the ranks of labor out of which will eventually evolve a strong Socialist-Labor Party which may withdraw from or at least be separate from the Federation.

The development of the Socialist vote is much more of a menace to the Democratic than to the Republican party. Republicans generally have set their faces against the socialistic innovations in legislation and administration to which the Democrats have lent ready assistance; and it requires no new alignment of Republicanism to combat the growing danger of socialistic domination in politics. The Democrats, on the other hand, will have to reserve themselves no many questions if they are to withstand the inroads of socialism upon their party strength. The industrial panaceas which the Wilson Democracy advertised in 1912 and the dream of peace which Wilson embodied last year are the chief items in the Socialists' stock in trade now, and none of the old parties can compete with them. Mr. Wilson will have to go with the Socialists or fight them. Which will he do? And what will be the effect on his party?

MARRIAGE LICENSES

Mac McCoy and Isabel Williams, both of Clearfield.
J. Irvin Schults, of Kärthaus and Eulalia Weisgarber, of Grampian.
Harry Wingert of Luthersburg and Lucena Dixon of Sykesville.
William Robison of Curwensville and Mary Rodgers, of Grampian.
Raymond Baumgardner, of Buffalo, N. Y., and Jennie Wilson, of Clearfield.
James Witherow, of Lawrence and Hazel Keith, of Olanta.
Clement Trump, of Bigler and Chloe Hummel, of Wallaceton.
Wesley Beatty, of Clearfield and Triphena Polkinghorn, of Woodland.
Harry Means and Myrtle Fohrer, both of Clearfield.
Charles Kolbe, of Pittsburgh and Nina Mehring, of Punxsutawney.
Samuel Young and Thelma Burgin, both of Woodland.
Raymond Ossman and Marie Smith, both of DuBois.
Substitute for the Progress.

Rocco Carter, of Philipsburg and Rosaria Bonfiglio, of Osceola Mills.
John Nelson of Swisshole, and Josephine Camberg, of Conoverville.
Joseph Lutkevich and Edna Vancanis, both of DuBois.
Charles Schrand, of Madera and Nellie Root of Beecoria.
Clarence Appleby, of Tarentum and Beatrice Conley of Curwensville.
Claude Lupton and Mary Shontz, both of West Decatur.
Louis Dombiskel and Alice Drobnik, both of Munson.
Cloyd Holden, of Lawrence township and Edna Piper, of Swickley.
Joseph Colley and Lena Foster, both of DuBois.
John Sarke and Annie Katona, both of Osceola Mills.
Merrill Hack and Zoe Davidson, both of Bell township.
Harold Roper and Louise English, both of DuBois.

IF KIDNEYS ACT BAD TAKE SALTS

Says Backache is sign you have been eating too much meat

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness. Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink.

APPENDICITIS KILLS SMALL GRAMPIAN LAD

Little Harry Lewis Rowles, son of Mr. and Mrs. Frank Rowles of Grampian, who was taken to the Clearfield hospital Nov. 7, died Nov. 9, after an operation for appendicitis. The funeral took place Monday at 10 o'clock. Interment in the Friends cemetery. The family and many friends mourn the loss of the little child as he was not quite five years old.

ALABAMA CLUBWOMEN

Mobile, Ala., Nov. 19—Arrangements of the most perfect and elaborate character have been completed for the reception and entertainment of the many women visitors who will be in Mobile this week in attendance on the annual convention of the Alabama Federation of Women's clubs. War work of women will be a leading topic of discussion at the sessions, which will begin tomorrow and continue until Friday.

NATIONAL APPLE SHOW

Spokane, Wash., Nov. 19—Beginning today and continuing through the week, King Apple is to reign supreme in this city. The occasion is the 14th National Apple Show, which this year has attracted a record-breaking display of the finest orchard products of the Pacific northwest. During the week there will be a series of important conferences of apple growers, shippers and dealers.

HOME FOR THE WINTER

Miss Lillie M. Wrigley, who has been dietitian at the New Haven, Connecticut, General Hospital for a period of over four years returned to her home today to spend the winter with her parents Mr. and Mrs. Frank Wrigley.

SAGE TEA KEEPS YOUR HAIR DARK

When Mixed with Sulphur It Brings Back Its Beautiful Lustre at Once

Gray hair, however handsome, denotes advancing age. We all know the advantages of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks streaked, just a few applications of Sage Tea and Sulphur enhances its appearance a hundred-fold.

Don't stay gray! Look young! Either prepare the recipe at home or get from the drug store a bottle of Wyeth's Sage and Sulphur Compound, which is merely the old-time recipe improved by the addition of other ingredients. Thousands of folks recommend this ready-to-use preparation, because it darkens the hair beautifully, besides no one can possibly tell, as it darkens so naturally and evenly. You moisten a sponge or soft brush with it, drawing this through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application of two, its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger. Wyeth's Sage and Sulphur Compound is a delightful toilet preparation. It is not intended for the

Delicious, Pungent Fruit Cake

And The Candied Fruit For It

When you take a bite of that delicious pungent tasting fruit cake on Thanksgiving you instinctively think of the candied fruits that mother used to put in her fruit cakes you used to like years ago.

You can have just the same kind this year if you'll use our

CANDIED LEMON PEEL ORANGE PEEL AND CITRON

Each is fresh from the makers and the sugar is baked on it just as thick as can be. All fruit skins have been thoroughly cleaned before preparing.

May we have your order?

ROSS & WOODS

D. A. R. MEETING

The D. A. R. will meet at the home of Mrs. A. Wright Bigler, Tuesday afternoon at 2:30. All members requested to attend.

MRS. EMMA P. DOWLER,
Secretary.

Good Old Reliable White Pine

Better today than ever. Good old natural White Pine taken altogether, the finest cough remedy it is possible for us to recommend. Ask for our WHITE PINE COMPOUND.

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I offer you a free pair of glasses, including Dammers' eye examination, clear crystal lenses and metal frame and elegant case at the price of \$1.00

Special Ground Lenses At Lowest Prices
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Philadelphia
Monthly

BURDENS WE BEAR

How Each and All Carry the Three Chief Burdens of Life.

In the Christian life the forms of warfare may vary but the fight is one. Burdened people in apostolic days were carrying just the same loads our burdened people are carrying through our streets today. The burden may have been done up differently, it may have had an unfamiliar cover, but if we stripped it of its wrappings we should find a no-tern commonplace. If a hundred Romans of the olden days and a hundred Britons or Americans of our own day could meet together like pilgrims at some friendly hostel along life's way, and if they could just unwrap their burdens and display them, they would look at one another in surprise, for their sense of nationality would be swallowed up in the profound consciousness of a vital kinship.

And I will begin with the burden of sin. Sin is revolt against the sovereignty of God; it is enlistment and allegiance on the side of the enemy of God. Sin is essentially a change of flags; it is a deliberate desertion from the flag of the holy God to the black flag of mammon and darkness. I need not elaborate this. I would only repeat that at the root of all sins we shall find the common sin of rebellion. Now, the revolt against the holy flag of God marks the entrance into bondage. I know that the bondage may be concealed, just as we may intertwine flowers and greenery through the links of a chain until it looks more like a garland than a fetter. But let any man try to escape from the broad road and he will find that the gay wreaths disclose themselves as mighty chains. On the broad way the present is a tyranny and the past a debt. Such is the burden of sin. Well, how can we help to bear one another's burdens? First of all perhaps we had better say that we cannot do it. No man can touch the burden of his brother's guilt. We cannot get back into his yesterday's and make the crooked straight. We cannot go back and sweeten the fountain of sin from which guilt derives its bitterness. We can do nothing for souls who are burdened with the guilt of sin except to bring them to the Savior, to the fountain that is open for sin and uncleanness. But that is a glorious sharing of the awful load. We can share it by counsel. We can share it by gentle guidance. We can share it by mighty intercession.

Let us now look at another burden which was found everywhere in the ancient world, and is equally common in our own time. I will call it the burden of temperament. And this is what I mean: Even when a man has found the cross of Christ, and sin has been forgiven, and the great act of renewal has taken place, he has still to work out his own salvation. When the seed of the regenerate life has been imparted it has still to be nurtured and matured, and it has to be matured amid the special constitutions and conditions of the individual life. That is to say, conversion does not annihilate differences of temperament, and thereby make us all alike, reducing our warfare to one certain form of strife. Every regenerate man has to fight the good fight of faith.

Now can we help a brother to carry the burden of his own temperament? Most assuredly we can. Take the man who is like a powder magazine, explosive, inflammable, full of dry and touchy material, always ready to go off. What can we do with that man's burden? Well, we can very easily increase it or we can relieve and lighten it. We can help him into liberty, or we can help him sink into servitude. We can throw lighted matches about his magazine, or we can spray cooling influences about his life. And the real meaning of helping one another is to consider one another from the standpoint of charity and love, and to determine that by our conduct and demeanor we will help to fashion the knight in our brother and give him strength in the realms of grace with holiness.

There is one more burden which I will name, and which can be found everywhere—the burden of incompleteness. And what I mean is this: No man is an integer. No man is more than a fraction. The New Testament teaches that no man is the whole body; he is only a limb. Humanity is the body, and the individual is only a member. One man is an eye, another is a foot. And so I speak of the burden of incompleteness. God has made as dependent upon one another, and every man is designedly incomplete. It is therefore the love design of our God that we surrender ourselves to one another in order that we may bear one another's burdens, and by our own individual fullness complete the gap in another man's needs. To live a selfish and exclusive life is to rob humanity of its due, and to dwarf and sterilize ourselves.—J. H. Jowett, in the Christian World.

Plant Virtues to Overcome Evil.
You will find it harder to uproot faults than to choke them by gaining virtues. In every person who comes near you look for what is good and strong; honor that; rejoice in it; and as you can, try to imitate it; and your faults will drop off, like dead leaves when their times comes.—Ruskin.

The Only Safe Place.
Put your faith where it will be safe; and the only place where a faith ever can be safe is in the shrine of an action.—Phillips Brooks.

The Union college football squad has installed huge nitrogen lamps on

MEN!

Are You
Able To
Judge Good
Shoes?



We believe we can and we feel that you will take our word for it that no better shoes were ever made than we are offering you right now.

It is true they cost more, but they're made of good leathers and over lasts that are perfect in style and just about the easiest and best fitting shoes you ever slipped your feet into.

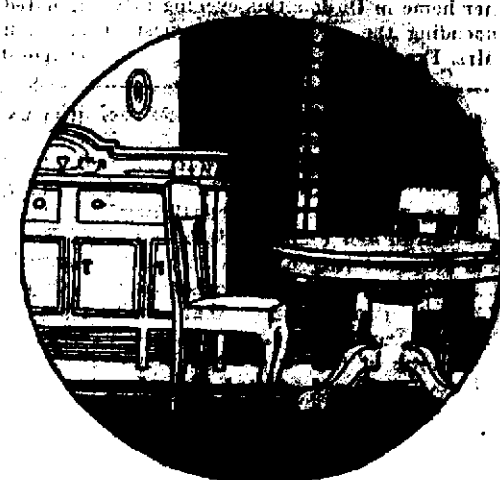
We're showing them in all the new shades of tan and black at

\$5.00, \$6.00, \$7.00, \$8.00, \$10.00

LYTLE BROTHERS

Corner Market and Second Sts. Clearfield, Penna.

The
Important
Room
On
Thanks-
giving



When the folks come home, when you have company in, to help you celebrate Thanksgiving your dining room must look its best.

Why not brighten it up with a new piece or two? It can be done without a great outlay of money and you'll have the satisfaction of knowing that your pleasant meal was not marred by a single discordant furniture note.

Dining Tables \$7 to \$25
(Including the TILTOP)
Chairs, set, \$10 to \$35
Buffets, \$25 to \$50

Knepp's Furniture Store

Rowland Theatre

Phillipsburg, Pa.

Tuesday, November 20

Henry Miller presents Jean Webster's charming comedy

"DADDY LONG LEGS"

A play that will please both young and old. This attraction played both Chicago and New York for a solid year. Will show here one night only.

Prices \$1.50, \$1.00, 75c and 50c

Seat Sale Monday, Nov. 19, 10 A. M.

A Business Without Worry

Saving money is a business, and it is the only business in the world that does not bring worries, and there is nothing that brings on old age like worries.

A savings account means less worry for each member of your family.

Start one in this bank and see if we are not right.

Clearfield National Bank

Classified Ads. For Everybody

HELP WANTED

WANTED—GIRLS AT THE VET. MILL, CLEARFIELD, TEX. CO.

WANTED—Cook. In private family of three adults. Good home. Good wages. Plain cooking. References required. Address Mrs. Geo. E. McCague, Sewickley, Pa. N-17-1w-p

WANTED—A girl for general housework. Good wages. No washing or ironing. One with references preferred. Mrs. A. L. Moore, S. Second street. H. & C. 62x. N19-6t

LADY WANTED—To show and sell the finest line of Spring fabrics in the country. For particulars, address The Wilcox Company, Binghamton, N. Y. N19-5tp

WANTED

WANTED—Hand ironing to do. Apply 323 Locust street or call H. C. 243. N19-1w

WANTED—Highest prices paid for old scrap iron, old saw mill engines, traction engines, mining scrap. All kinds of junk. We are also in the market for beef hides and calf hides. For information call H. & C. 101 x or see J. Harris, 313 Ogden avenue, Clearfield, Pa.

SECOND HAND FURNITURE WANTED

We buy all kinds of second hand goods and pay the highest prices. Also we sell all kinds of new and second hand furniture at the lowest prices. Cash or credit. Abe Novoy, Brewery Hill H. & C. phone, 445x3. N10-1moch

WANTED—Old false teeth. Don't matter if broken. I pay \$2.00 per set. Send by parcel post and receive check by return mail. L. Mazer, 2007 S. Fifth Street, Philadelphia, Pa. N14-1moch

Mrs. A. S. Moulthrop returned to her home in DuBois this evening after spending the past week the guest of Mrs. Frank B. Row.

Dear, Peachy Skin Awaits Anyone Who Drinks Hot Water

Says an inside bath, before breakfast helps us look and feel clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.

NORFOLK TO VOTE ON NEW CHARTER

Norfolk, Va., Nov. 19.—Whether Norfolk is to adopt a new charter providing for the managerial form of government will be decided by the voters at a special election tomorrow. The new charter has the indorsement of the business organizations of the city, but so far as the general public is concerned the campaign has not been aroused comparatively.

FOR SALE

FOR SALE—A 4 cylinder Studebaker touring car at a bargain. Must sell at once. Apply Progress office. N19-6t

FOR SALE—One work horse. Will sell reasonable to quick buyer. Call H. & C. 280-2 or apply 106 William street.

THANKSGIVING TURKEYS
Anyone wanting turkeys for Thanksgiving can secure one by writing box 744, Curwensville. N16-1wa

DESIRABLE PROPERTY FOR SALE

7-roomed house on River street, lot 75x223, all modern conveniences. Call on address F. H. Conklin, 501 Nichols street. N17-1w

PERSONAL PROPERTY FOR SALE

The undersigned has on hand for quick private sale the following personal property:

One office heating stove, used in delivery stable office, a lot of fine heavy winter robes, one set double driving harness, one set single harness, (both practically new), four single sleighs, one 2 seater and one 3 seater sleigh, all are in first class condition. Will be sold reasonable to quick buyer. Call on or address A. L. Kline county treasurer's office, Clearfield, Pa. N13-1t

LOST

LOST, STRAYED OR STOLEN—Dark bay horse about three years old left the premises of Pete Kereška of Carbon Mines between Clearfield and Curwensville. Has not been seen since Monday, November 12. Letters R. H. is branded on right hip. Any information will be thankfully received by Pete Kereška of Clearfield, R. F. D. No. 4. N19-3tp

To women war workers in Lincoln, Neb., belong the credit of having originated the scheme of drying the community vegetables in the large evaporator.

BRYAN TO HELP MAKE CHICAGO DRY

Chicago, Ill., Nov. 19.—The campaign to bring about prohibition in Chicago is expected to receive new impetus from a series of addresses to be delivered here this week by William J. Bryan. Mr. Bryan has volunteered his services to the Dry Chicago Federation, which is in charge of the campaign. His first address is to be delivered tomorrow night in Medina Temple.

Miss Elizabeth Fishes who has been spending sometime at Gettysburg, returned home Saturday.

Ice Cream Is A Food

Men who have spent years in scientific research tell us that bulk for bulk, there is more nutriment in ice cream than in any other food you can eat.

This is particularly true of

Keystone Ice Cream

Made of the purest pasteurized milk, fresh fruit even at this season, cane sugar and all mixed and frozen in the most scientific manner possible.

Have you tried one of our new bricks with the red cross, the star or the heart of another flavor down the center? It's wonderfully delicious. Phone orders filled and deliveries made anywhere within the cruising radius of our trucks.

Keystone Ice Cream Company

H. & C. 198 Clfd., Pa.

OUR NEIGHBORS

CURWENSVILLE

Mrs. Margaret Draucker of Polk, Pa., spent Sunday with relatives and friends in town.

Miss Maude Norris, of Philipsburg was called here Saturday on account of the serious illness of her brother-in-law L. C. Bloom.

Mr. and Mrs. Walter Ballute returned home from their wedding trip Saturday evening.

Charles Ammerman, better known as "Peck," formerly of this place, now of Templeton, Pa., came home Saturday afternoon expecting to spend Sunday with his brother Clarence Ammerman who was expected home on a furlough from Camp Lee, Va. Saturday evening word was received that it would likely be Monday before he reached here, which was quite a disappointment, as Mr. Ammerman had to return to Templeton to resume his work Monday.

Mrs. Sam Wise and sister Mrs. Frank Moore of Bloomington, were shopping in our stores Saturday evening.

We are glad to state that our well known townsman, L. C. Bloom, who was taken seriously ill Saturday is somewhat improved.

Hear Miss Minerva Manchester, a reader and entertainer at the Presbyterian church Wednesday evening, Nov. 21. Tickets, adults, 25c; children 15c.

Quarterly communion was observed at the Lutheran church Sunday.

The Ladies Aid of the M. E. Church will hold a quilting at the home of Mr. and Mrs. Joe P. Robinson on State street Thursday Nov. 22.

Mr. and Mrs. Foster Heath and family of Sandy Ridge were Sunday visitors at the home of Mr. and Mrs. Wm. Twigg on Irvin Hill.

Miss Agnes Reed, of Glen Richey, is spending a few days at the home of Mr. and Mrs. J. G. Fullerton.

A new bell in the belfry of the A. M. E. Church on South Side called the members of that congregation to worship for the first time Sunday morning, its glad chiming being a welcome addition to the chorus pealed forth by the other churches, and the members of this congregation are to be commended for their untiring efforts to maintain and build up this church in the face of so many difficulties.

Mrs. Archie Bloom has been on the sick list for several days.

On account of the illness of the pastor, Rev. Joseph H. Cooke, there was no preaching in the Baptist church yesterday.

OSCEOLA MILLS

Mrs. A. S. Brown left this week for Battle Creek, Mich., for medical treatment. She will visit her daughters living at Pittsburgh, Pa., and Detroit, Mich., on her way to the sanitarium.

Mr. and Mrs. Herbert Gibson are now on their way to California. Mr. Gibson is just recovering from a serious operation and it will be some time before he is able to resume his work on the railroad.

Howard Evans who has been acting as a substitute teacher in our High School for some time is seriously ill at his father's home on Blanchard street with an attack of pleura pneumonia.

Hon. C. H. Rowland and Geo. W. Zeigler Esq. were business visitors in town Friday.

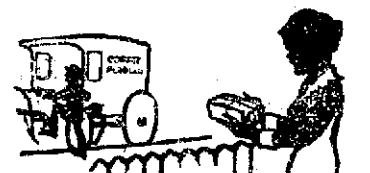
Frank Casey, Thos. Loftus and Mike Morris three of our soldier boys stationed at Camp Upton, arrived home on Saturday morning for a

FIRE

Which occur at the rate of one a minute, destroy every year the value of 30,000 automobiles—enough to

Win the War

Insure with
Helmbo'd & Stewart
Snyder Block



The money you gave him was good—how about the coffee you got?

HIS coffee is nameless. You will not know its quality till you try it. Why take chances? Buy Golden Sun Coffee from your grocer. He has a reputation to live up to. Golden Sun Coffee is dustless, chaffless—all coffee. Its full strength and freshness make it give an unusual number of fragrant cups to the pound.

Golden Sun Coffee



THE WOOLSON SPICE CO.
Toledo, Ohio

brief furlough with the home folks. All are looking fine and are well pleased with the training which they are receiving.

Mr. L. Baird:

Cannot commend too highly work of Y. M. C. A. in ambulance camp at Allentown Association. Is not only principal Christian influence in lives of the soldiers but furnishes most of the amusements. Also provides place to read and write letters and furnish music and other amusements.

WILLIAM D. McCLAREN.

PROPOSALS WANTED

Pennsylvania State Highway Department, Harrisburg, Pa. Sealed proposals will be received at said office until 10 A. M. December 11, 1917, when bids will be publicly opened and scheduled, and contracts awarded as soon thereafter as possible, for the reconstruction of the linear feet of vitrified block pavement 22.5 feet wide, situated on South Second Street, State-aid application No. 723, and 357 linear feet of vitrified block pavement 18 feet wide, situated on Third Street, State-aid application No. 724, in Clearfield Borough, Clearfield County; also 4700 linear feet vitrified block pavement 16 and 18 feet wide situated in Lawrence township, Clearfield County, State-aid application No. 720. Bidding blanks and specifications may be obtained free, and plans upon payment of \$2.50 per set, upon application to State Highway Department, Harrisburg, 1001 Chestnut Street, Philadelphia, 904 Hartje Building, Pittsburgh and Deposit National Bank Building, DuBois, Pa. J. D. O'Neill, State Highway Commissioner. N19-28D7

"OLD GLORY" HORSE SALE

New York, Nov. 19.—The annual "Old Glory" horse sale by auction began today at Madison Square Garden, with a total of more than 500 horses of various breeds to be disposed of, including a number of trotters and pacers of high repute and low records. The consignment to go under the hammer range from highly bred yearlings to aged and matured campaigners.

PIMPLY? WELL, DON'T BE!

People Notice It. Drive Them Off with Dr. Edwards' Olive Tablets

A pimply face will not embarrass you much longer if you get a package of Dr. Edwards' Olive Tablets. The skin should begin to clear after you have taken the tablets a few nights.

Cleanse the blood, the bowels and the liver with Dr. Edwards' Olive Tablets, the successful substitute for calomel; there's never any sickness or pain after taking them. Dr. Edwards' Olive Tablets do that which calomel does, and just as effectively, but their action is gentle and safe instead of severe and irritating.

No one who takes Olive Tablets is ever cursed with "a dark brown taste," a bad breath, a dull, listless, "no good" feeling, constipation, torpid liver, bad disposition or pimply face.

Dr. Edwards' Olive Tablets are a purely vegetable compound mixed with olive oil; you will know them by their olive color.

Dr. Edwards spent years among patients afflicted with liver and bowel complaints, and Olive Tablets are the immensely effective result. Take one or two nightly for a week. See how much better you feel and look. 10c and 25c per box. All druggists.

CHICHESTER'S PILLS

THE LITTLE PILLS THAT DO THE WORK



When you wash Stockings

Use Fels-Naptha soap—no boiling is necessary and it cleans stockings perfectly, even without hard rubbing.

It won't rot the fibres of fine silk stockings. It won't take away the lustre of mercerized hose. And it's ideal for keeping cotton stockings soft and comfortable.

The best way to wash stockings—warm Fels-Naptha suds.

Fels-Naptha won't turn white silk stockings yellow.

Save Endless Toil And Many a Dollar

HOW TO HELP THE KAISER

By Theodosia Garrison of The Vigilantes

One can help the Kaiser very much in little ways.

Accept these few suggestions to aid his troubled days.

Eat a hearty breakfast, the sort you always do.

Take three lumps of sugar instead of merely two.

Glance through the morning papers, ignoring those appeals.

That follow, earnest mendicants, on one another's heels.

Why should one spoil a pleasant day with things that touch the heart?

Since every penny one withholds helps Wilhelm do his part?

Put in an easy afternoon upon the Avenue.

A matinee, a cup of tea—those help, they really do.

And when the lights of evening burn, and you have wine and dinner.

Go hear a German opera that elevates the mind.

And once at home sit down in peace.

before your glowing log And knit a cunning sweater for your darling little dog.

So do your bit for Germany in these unfriendly days.

One can help the Kaiser very much in little ways.

REV. PICKETT AT MT. JOY

Rev Pickett, the temperance speaker will be at the Mt. Joy church this evening at 8:00. Turn out to hear him.

FOR SALE—Overland touring car, tires, good as new. Good shape all around. Will sell at a big sacrifice to quick buyer. Must come soon. For information call H. & C. phone 10x or see J. Harris, 313 Ogden Ave. N19-1w

SPORT CHATTER

The government tax on admission tickets to the recent six-day bicycle race in DuBois amounted to nearly \$1,000.

Milwaukee boxing promoters are trying to arrange a bout for Joe Egan with Willie Ritchie or Bryan Downey.

"Rabbit" Maranville, the Braves star shortstop, is the latest Boston pastime to make application for enlistment in the navy.

In the hopes of landing a match with Fred Fulton, Frank Moran the Pittsburgh heavy, has turned down an offer for a setto with Jim Coffey.

Mike McNulty former manager of Johnny Ertle, has taken Roy Moore under his wing. Mike desires to match his new bantam for a rumput with the St. Paul scrapper.

It is hinted that the Eastern League and the New York state league may pool issues and organize a new baseball circuit.

Bob Fowler, University of Pennsylvania football coach, is of the opinion that Pittsburgh has a stronger eleven than has Georgia Tech and that Pitt can beat the Georgia wonders.

Owner Huppert and Manager Huggins of the Yankees are busy trying to strengthen the New York team next season. A good tiffing outfielder and a substitute infielder are sought.

THANKSGIVING

Carving The Great American Bird

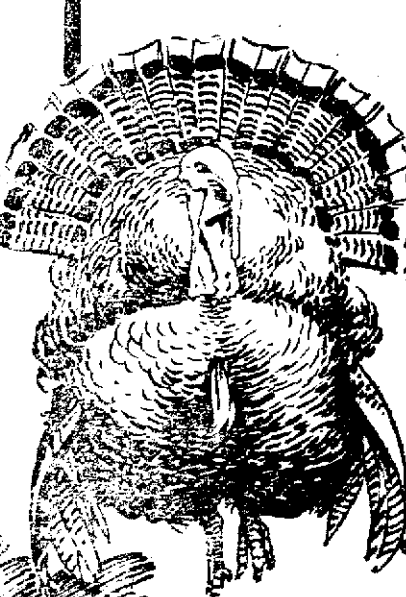
When you sit down to carve the turkey on Thanksgiving you'll find that one of these fine carving sets of ours will be of material aid in the performance of that national feat.

Knives are of the kind of steel that takes an edge and holds it. The steels are of the finest cut highly tempered steel; the forks to the full sets have tines that will not bend easily and all have finger guards.

Bird Sets, stag handles, \$2.50.
Steak Sets, silver plated handles, \$1.50.
Steak Sets, stag handles, set \$3.
Steak Sets, ivory handles, set \$3.
Carving Sets, stag handles, set, \$4.50.
Carving Sets, heavily plated handles, set,

Carving sets, silver handles and silver ferrules, set, \$6.
Carving sets, stag handles with silver ferrules, set, \$5.50.
\$5.00.

W.F.Powell



GLOBE

THEATRE

TONIGHT

Special Fox-Feature
Little Jane and Katherine Lee
in
"TWO LITTLE IMPs"
A novelty surprise drama
In 6 Great Acts

Famous Christie Comedy
"HIS LAST PILL"
All Stars

Music by the famous Warlitzer
Orchestra

Admission 10 and 15c

COMING TOMORROW

Greater Vitagraph Blue Ribbon
Feature
Mary Anderson with Alfred Whiteman
With all Stars
in

"SUNLIGHT'S LAST RAID"
The drama of a girl who came to
know real love in the midst of
border perils
In 5 Wonderful Acts

Special Bobby Connelly Feature

SUNDAY BASEBALL IS DRAWING NEAR

By H. C. Hamilton
(United Press Staff Correspondent)
New York, Nov. 19.—Sunday base-
ball is certain to have a chance when
the New York legislature gets busy
on its next session. And whether
Charles H. Ebbets' undying energy
gets the decision or not, it may be
stated with positive finality, that sen-
timent in favor of the Sabbath-day
game is so strong it cannot long be
held off in the east.

Kicking the blue out of the anti-
quated blue laws of New York state
would be a boon, to Ebbets more than
to any other club owner in either of
the big leagues, for it would be giving
him the opportunity to make some
money without whittling the edges off
all the nickels he collects. It's pretty
tough picking most of the time in
Brooklyn, mainly because the people
in Brooklyn, are on Manhattan Island
when ball games are being played.
They crowd his park on Saturdays.

If Ebbets could get in a few punch-
es on a Sunday schedule his smile
would grow wider and wider. He
could pack his park every Sunday.
New York doesn't need the Sunday
pastime to line the treasury with cop-
pers. The old grounds suffer and
green under huge crowds, several
times every season. Imagine, how-
ever, what might happen if a nick
could be put in the ancient puritanical
laws and allow the Polo grounds to
swing open their gates every Sunday
afternoon. Harry Tempstead's cup-
and bank account—would be running
over in a few years. And the same
could be said for Col. Jacob Ruppert
and Capt. T. L. Huston.

It would be hard to arrange a fitting
schedule for just two clubs in the Na-
tional league in the east on Sunday,
and one in the American league, but
the example set by New York State
would induce neighboring common-
wealths to fall in line shortly there-
after.

FORMER VIRGINIAN IN HOUSE OF LORDS

London, Nov. 19.—(By Mail.)—
America has an indirect representa-
tive in the British House of Lords.

He is Lord Fairfax, recently elected
a representative Scottish peer—an
American-born, naturalized British
subject.

The Fairfax family settled in
America about two hundred years ago
the sixth Lord receiving from his
mother about 5,700,000 acres of land
in Virginia. He settled thereon, leav-
ing English estates to his brother.

The Fairfaxes played a consider-
able part in American history. A
daughter of the sixth peer married a
brother of George Washington
"Thackeray" was inspired to write his
"Virginians" by the Fairfax story.

The present Lord proved his claim
to the peerage in 1908. He had pre-
viously visited England by special in-
vitation to attend the coronation of
King Edward. He traveled then un-
der the name of "Mr. Fairfax."

Save That Pig

After it's butchered comes the
question of saving the meat for
future use.

No worry if you'll use
Wright's

LIQUID SMOKE
and
HAM PICKLE

Use the two in conjunction
and you'll be eating delicious
ham and bacon months from
now.

STEWART'S DRUG STORE

Gossip for Tonight's Tea Table

Mr. and Mrs. H. S. Whiteman and
guests Mrs. Nannie B. Fulford and
Misses Augusta and Sarah Gaulin
motored to DuBois and spent Sunday.
Mrs. Charles Schenck of Philadel-
phia is the guest of her cousin Mrs.
M. L. McQuown at her home on Sec-
ond street.

Miss Grace Moore has returned
home from a two weeks visit to Wash-
ington and Baltimore, Md.

The Hospital Bridge Club will meet
Wednesday afternoon at two o'clock
at the home of Mrs. Harry Boulton on
West Market street.

Miss Elizabeth Stewart entertained
a number of her girl friends at a
"drop in" Saturday afternoon at her
home on Pine street.

Miss Maud Elder, of Curwensville
spent Sunday with her cousin Miss
Lysle Cooper.

Mrs. E. E. Orcutt and guests mo-
tored to DuBois Saturday.

Miss Julia Miller left Sunday to
spend a few days in Philadelphia.
Judge Singleton Bell left yesterday
for Washington, Pa., where he will hold
court.

Miss Helen Wrigley of Mahaffey was
the guest over the week end of Miss
Myrtle Bryan.

Miss Fane Shaw of Houtzdale,
spent the week end with her friend
Miss Elizabeth Toot.

Miss Tensie Way and sister Mrs.
Powell spent Sunday with their sis-
ter Mrs. W. P. Watson.

A. W. Lee Jr., John F. Short and
P. T. Davis have returned from a
trip to Ashville, N. C.

Mrs. O. C. Lansberry of Arcadia,
was shopping in Clearfield today.

Mr. and Mrs. George McCullough,
of Tyrone, spent Sunday with rela-
tives here.

L. D. McCall of DuBois, had busi-

CROUP

Spasmodic croup is
usually relieved with
one application of—
VICKS VAPORUB



ness in town today.

Mrs. W. H. Spare and daughter
Dorothy returned to their home in
Altoona yesterday after a few days
visit with friends in Clearfield.

Mr. and Mrs. A. E. Leitzinger have
returned from a trip to Philadelphia.

Mrs. Fred Robinson, of Curwens-
ville, was shopping in our stores Sat-
urday.

Miss Kathryn Shearer of Curwens-
ville, spent Saturday evening in Clear-
field.

Mr. and Mrs. W. T. Hinkle, daugh-
ter Emma and son Richard motored to
DuBois and spent Sunday with their
son and brother Fred Hinkle and
family.

Mr. and Mrs. P. L. Brion and family
motored to Philipsburgh and spent
Sunday.

Mrs. Richard Madison Bodines is
visiting her sister Mrs. M. E. West-
cott.

Miss Mary Westcott who is teaching
at Madera spent the week end with
her parents here.

Albert Derrick left for a week's
hunting trip.

E. H. Cowell of Pittsburgh, spent
the week end with friends here.

District Attorney elect John Arnold,
of DuBois, attended to business here
today.

Mr. and Mrs. G. J. Weber and
daughter Janet and Malcolm Knarr, of
Troutville motored to Clearfield yes-
terday afternoon and visited W. E.
Davis and family.

Mr. and Mrs. E. C. Davis and fam-
ily and Mr. and Mrs. W. E. Davis and
daughter Orrell attended the quarterly
meeting at Grampian yesterday.

Misses Margaret and Kathryn Hep-
burn, of DuBois, and Miss Mary
Langton, of Snow Shoe were the
guests of the Misses Ericson's over
Sunday.

Mr. and Mrs. Emory Hummel, Miss
Gertie and Ella Ardary, of Clearfield,

visited at the home of Jack McNaul
in Pike township, on Sunday.

Mrs. Ruth Barnett and son Robert
Barnett, Miss Alta Straw, David
Straw and Frank P. Shaw, motored to
Madera yesterday and took dinner
with Mr. and Mrs. Copelin.

Mrs. Flick of DuBois, spent Sunday
with her sister Mrs. Charles Hile.

Miss Elizabeth Merry left Saturday
for Akron, Ohio, where she will visit
Mrs. Briner formerly Miss Verna
Hills of this place.

GIRL LEADS U. S. CAVALRY IN BATTLE AGAINST OUTLAWS

A great scene of thrills is filmed at
the close of "Sunlight's Last Raid,"
where a band of outlaws swoops down
on a ranch house determined to kill
every occupant, women and children
included. From window and loop hole
the defenders put up a brave fight,
shooting down a score of Mexicans un-
til their ammunition is almost ex-
hausted and nearly everyone is suf-
fering wounds.

Their fate seems sealed when the
rancher's daughter slips from the
house unobserved by the bandits, and
riding across the prairies returns with
a troop of U. S. cavalry just as the
outlaws set fire to the house. The
latter are quickly routed and flee to
the mountains where they run into a
band of vigilantes and are exterminat-
ed, and their leader killed.

In this Greater Vitagraph Blue Rib-
bon Feature which will be the attrac-
tion in the Globe Theatre tomorrow,
the part of Janet is taken by Miss Mary
Anderson, and the remainder of the
cast includes V. Howard, Alfred Whit-
man, Fred Burns, and A. Garcia.

GOLDEN WEDDING INVITATION

On Saturday, November 24th, 1917,
the Golden wedding of County Com-
missioner and Mrs. Austin Haney has
been arranged for and their relatives,
friends and neighbors will be welcom-
ed at any time during the day and
they will be glad to see them at their
home at No. 414 Turnpike avenue. The
invitation is made thus general so
that no mistakes will be made and
none be missed or sighted.

The Short Route Between Buyer And Seller

The "WANT AD" Section of The PRO-
GRESS Is Common Ground On
Which A Great Crop of Busi-
ness Can Be Grown For
Little Expense

The shortest route between producer and consumer is
a little trade-pulling want ad in our classified columns.

Every subscriber reads that section of the paper as
closely as they do the news, the farmer, the brickyard
worker, the miner, the merchant, the housewife, every-
one who reads THE PROGRESS reads the classified sec-
tion.

Mr. Farmer, what's the use of wasting hours in look-
ing up customers for your products when you can sell
them this way? Your time is worth as much to you as if
you were paid by someone else. There's a great many
people that want your products; you want to sell; these
little adlets pull business as strongly as your stump pull-
er; try an ad in our classified section.

Is Your Time Worth A Dollar A Week?

Can you see over two thousand possible customers
every day by the old method of house to house calls; can
you make money any easier by arranging your trip so
that you can get your produce sold in the least possible
time and get back to the work at home; can you let the
people know what you have to sell as cheaply as by this
method?

A little business-pulling want ad in THE PROGRESS
costs you twenty-five cents for one insertion and then
fifteen cents for each time after that and you tell your
selling story to over two thousand possible buyers every
night!

Send in your want ads by mail, over the telephone or
drop in the office yourself and talk it over with the

PROGRESS Adman

JUMP FROM BED IN MORNING AND DRINK HOT WATER

Open sluices of system each morning and
wash away the poisonous, stagnant
matter, says authority.

A glass of hot water with a teaspoonful of
limestone phosphate in it, drank each
morning before breakfast, keeps
us looking and feeling fit.

Life is not merely to live, but
to live well, eat well, digest well,
work well, sleep well, look well.
What a glorious condition to
attain, and yet how very easy it is
if one will only adopt the morning
inside bath.

Folks who are accustomed to
feel dull and heavy when they
arise, splitting headache, stuffy
from a cold, foul tongue, nasty
breath, acid stomach, can, instead,
feel as fresh as a daisy by open-
ing the sluices of the system each
morning and flushing out the
whole of the internal poisonous
stagnant matter.

Everyone, whether ailing, sick
or well, should, each morning,
before breakfast, drink a glass
of real hot water with a teaspoon-
ful of limestone phosphate in it
to wash from the stomach, liver,
kidneys and bowels the previous
day's indigestible waste, sour
bile and poisonous toxins; thus
cleansing, sweetening and puri-

fying the entire alimentary canal
before putting more food into
the stomach. The action of hot
water and limestone phosphate
on an empty stomach is wonder-
fully invigorating. It cleans out
all the sour fermentations, gases,
waste and acidity and gives one
a splendid appetite for breakfast.
While you are enjoying your
breakfast the water and phos-
phate is quietly extracting a large
volume of water from the blood
and getting ready for a thorough
flushing of all the inside organs.

The millions of people who
are bothered with constipation,
bilious spells, stomach trouble,
rheumatism; others who have
sallow skins, blood disorders and
sickly complexions are urged to
get a quarter pound of limestone
phosphate from the drug store,
which will cost but little, but is
sufficient to make anyone a pro-
nounced crank on the subject of
internal sanitation.

THE CLEARFIELD PROGRESS

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Six Months \$1.50 One Month 25c

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Clearfield, Curwensville and Woodland Per month 40c

Entered at Post Office at Clearfield, Pa., as second-class matter.

MONDAY EVENING, NOVEMBER 19, 1917.

Take this tip from father: It is false economy to save eight cents on a meal and then buy candy or soda water to satisfy a craving for sweets in the afternoon.

PLAY FAIR WITH RAILROADS

An immediate and material increase in freight rates urged by a shipper who uses 50,000 car loads of rail transportation every year. The man who takes this view of the rate question is Walter S. Dickey, of Kansas City who operates more than 20 clay products plants in ten different states. He believes that railroads are entitled to the increase and that the shippers will in the end benefit by it.

POLITICAL BUNKIES

The decision of the American Federation of Labor to enter into national politics will have a tremendous influence on American politics. Many predict ruin for the Federation, claiming that labor will not be the gainer by mixing in politics. Others see a period of confusion in the ranks of labor out of which will eventually evolve a strong Socialist-Labor Party which may withdraw from or at least be separate from the Federation.

The development of the Socialist vote is much more of a menace to the Democratic than to the Republican party. Republicans generally have set their faces against the socialistic innovations in legislation and administration to which the Democrats have lent ready assistance; and it requires no new alignment of Republicanism to combat the growing danger of socialistic domination in politics. The Democrats, on the other hand, will have to reserve themselves no many questions if they are to withstand the inroads of socialism upon their party strength. The industrial panaceas which the Wilson Democracy advertised in 1912 and the dream of peace which Wilson embodied last year are the chief items in the Socialists' stock in trade now, and none of the old parties can compete with them. Mr. Wilson will have to go with the Socialists or fight them. Which will he do? And what will be the effect on his party?

MARRIAGE LICENSES

Mac McCoy and Isabel Williams, both of Clearfield.
J. Irvin Schults, of Kärthaus and Eulalia Weisgarber, of Grampian.
Harry Wingert of Luthersburg and Lucena Dixon of Sykesville.
William Robison of Curwensville and Mary Rodgers, of Grampian.
Raymond Baumgardner, of Buffalo, N. Y., and Jennie Wilson, of Clearfield.
James Witherow, of Lawrence and Hazel Keith, of Olanta.
Clement Trump, of Bigler and Chloe Hummel, of Wallacetown.
Wesley Beatty, of Clearfield and Triphena Polkinghorn, of Woodland.
Harry Means and Myrtle Fohner, both of Clearfield.
Charles Kolbe, of Pittsburgh and Nina Mehring, of Punxsutawney.
Samuel Young and Thelma Burgin, both of Woodland.
Raymond Ossman and Marie Smith, both of DuBois.
Substitute for the Progress.

Rocco Cante, of Philipsburg and Rosaria Bonfiglio, of Osceola Mills.
John Nelson of Swissvale, and Josephine Camberg, of Pottsville.
Joseph Lutkevich and Edna Vancanis, both of DuBois.
Charles Schrand, of Madera and Nellie Root of Beersville.
Clarence Appleby, of Tarentum and Beatrice Conley of Curwensville.
Claude Lupton and Mary Shontz, both of West Decatur.
Louis Dombiskel and Alice Drobniak, both of Munson.
Cloyd Holden, of Lawrence township and Edna Piper, of Swickley.
Joseph Colley and Lena Foster, both of DuBois.
John Sarke and Annie Katona, both of Osceola Mills.
Merrill Hack and Zoe Davidson, both of Bell township.
Harold Roper and Louise English, both of DuBois.

IF KIDNEYS ACT BAD TAKE SALTS

Says Backache is sign you have been eating too much meat

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness. Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink.

APPENDICITIS KILLS SMALL GRAMPIAN LAD

Little Harry Lewis Rowles, son of Mr. and Mrs. Frank Rowles of Grampian, who was taken to the Clearfield hospital Nov. 7, died Nov. 9, after an operation for appendicitis. The funeral took place Monday at 10 o'clock. Interment in the Friends cemetery. The family and many friends mourn the loss of the little child as he was not quite five years old.

ALABAMA CLUBWOMEN

Mobile, Ala., Nov. 19.—Arrangements of the most perfect and elaborate character have been completed for the reception and entertainment of the many women visitors who will be in Mobile this week in attendance on the annual convention of the Alabama Federation of Women's clubs. War work of women will be a leading topic of discussion at the sessions, which will begin tomorrow and continue until Friday.

NATIONAL APPLE SHOW

Spokane, Wash., Nov. 19.—Beginning today and continuing through the week, King Apple is to reign supreme in this city. The occasion is the 14th National Apple Show, which this year has attracted a record-breaking display of the finest orchard products of the Pacific northwest. During the week there will be a series of important conferences of apple growers, shippers and dealers.

HOME FOR THE WINTER

Miss Lillie M. Wrigley, who has been dietitian at the New Haven, Connecticut, General Hospital for a period of over four years returned to her home today to spend the winter with her parents Mr. and Mrs. Frank Wrigley.

SAGE TEA KEEPS YOUR HAIR DARK

When Mixed with Sulphur It Brings Back Its Beautiful Lustre at Once

Gray hair, however handsome, denotes advancing age. We all know the advantages of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks streaked, just a few applications of Sage Tea and Sulphur enhances its appearance a hundred-fold.

Don't stay gray! Look young! Either prepare the recipe at home or get from the drug store a bottle of Wyeth's Sage and Sulphur Compound, which is merely the old-time recipe improved by the addition of other ingredients. Thousands of folks recommend this ready-to-use preparation, because it darkens the hair beautifully, besides no one can possibly tell as it darkens so naturally and evenly. You moisten a sponge or soft brush with it, drawing this through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application of two, its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger. Wyeth's Sage and Sulphur Compound is a delightful toilet preparation. It is not intended for the

Delicious, Pungent Fruit Cake

And The Candied Fruit For It

When you take a bite of that delicious pungent tasting fruit cake on Thanksgiving you instinctively think of the candied fruits that mother used to put in her fruit cakes you used to like years ago.

You can have just the same kind this year if you'll use our

CANDIED
LEMON PEEL
ORANGE PEEL
AND
CITRON

Each is fresh from the makers and the sugar is baked on it just as thick as can be. All fruit skins have been thoroughly cleaned before preparing.

May we have your order?

ROSS & WOODS

D. A. R. MEETING

The D. A. R. will meet at the home of Mrs. A. Wright Bigler, Tuesday afternoon at 2:30. All members requested to attend.

MRS. EMMA P. DOWLER,
Secretary.

Good Old Reliable White Pine

Better today than ever. Good old natural White Pine taken altogether, the finest cough remedy it is possible for us to recommend. Ask for our WHITE PINE COMPOUND.

Dooley's Drug Store

Fresh Fish and Oysters

THORN BROS.
Market Street



Louis Dammers
Eyesight Specialist

ONE DAY ONLY
CLEARFIELD
DIMMING LEASE PARLORS
Wednesday, Nov. 21
Office Hours—9 a. m. to 5 p. m.
I offer you a free pair of glasses, including Dammers' eye examination, clear crystal lenses and gold frame and elegant case at the price of \$1.00

Special Ground Lenses At Lowest Prices
Two pair in one. No lines. No cement. Last for years.
Eye examination by the Dammers Scientific Method, without asking questions, without drops, test cards or charts, absolutely free of charge. Don't fail to take advantage of this remarkable offer.
507 CHESTNUT STREET
Philadelphia
Monthly

BURDENS WE BEAR

How Each and All Carry the Three Chief Burdens of Life.

In the Christian life the forms of warfare may vary but the fight is one. Burdened people in apostolic days were carrying just the same loads our burdened people are carrying through our streets today. The burden may have been done up differently, it may have had an unfamiliar cover, but if we stripped it of its wrappings we should find a no-tern commonplace. If a hundred Romans of the olden days and a hundred Britons or Americans of our own day could meet together like pilgrims at some friendly hostel along life's way, and if they could just unwrap their burdens and display them, they would look at one another in surprise, for their sense of nationality would be swallowed up in the profound consciousness of a vital kinship.

And I will begin with the burden of sin. Sin is revolt against the sovereignty of God; it is enlistment and allegiance on the side of the enemy of God. Sin is essentially a change of flags; it is a deliberate desertion from the flag of the holy God to the black flag of mammon and darkness. I need not elaborate this. I would only repeat that at the root of all sins we shall find the common sin of rebellion. Now, the revolt against the holy flag of God marks the entrance into bondage. I know that the bondage may be concealed, just as we may intertwine flowers and greenery through the links of a chain until it looks more like a garland than a fetter. But let any man try to escape from the broad road and he will find that the gay wreaths disclose themselves as mighty chains. On the broad way the present is a tyranny and the past a debt. Such is the burden of sin. Well, how can we help to bear one another's burdens? First of all perhaps we had better say that we cannot do it. No man can touch the burden of his brother's guilt. We cannot get back into his yesterday's and make the crooked straight. We cannot go back and sweeten the fountain of sin from which guilt derives its bitterness. We can do nothing for souls who are burdened with the guilt of sin except to bring them to the Savior, to the fountain that is open for sin and uncleanness. But that is a glorious sharing of the awful load. We can share it by counsel. We can share it by gentle guidance. We can share it by mighty intercession.

Let us now look at another burden which was found everywhere in the ancient world, and is equally common in our own time. I will call it the burden of temperament. And this is what I mean: Even when a man has found the cross of Christ, and sin has been forgiven, and the great act of renewal has taken place, he has still to work out his own salvation. When the seed of the regenerate life has been imparted it has still to be nurtured and matured, and it has to be matured amid the special constitutions and conditions of the individual life. That is to say, conversion does not annihilate differences of temperament, and thereby make us all alike, reducing our warfare to one certain form of strife. Every regenerate man has to fight the good fight of faith.

Now can we help a brother to carry the burden of his own temperament? Most assuredly we can. Take the man who is like a powder magazine, explosive, inflammable, full of dry and touchy material, always ready to go off. What can we do with that man's burden? Well, we can very easily increase it or we can relieve and lighten it. We can help him into liberty, or we can help him sink into servitude. We can throw lighted matches about his magazine, or we can spray cooling influences about his life. And the real meaning of helping one another is to consider one another from the standpoint of charity and love, and to determine that by our conduct and demeanor we will help to fashion the knight in our brother and give him strength in the realms of grace with holiness.

There is one more burden which I will name, and which can be found everywhere—the burden of incompleteness. And what I mean is this: No man is an integer. No man is more than a fraction. The New Testament teaches that no man is the whole body; he is only a limb. Humanity is the body, and the individual is only a member. One man is an eye, another is a foot. And so I speak of the burden of incompleteness. God has made as dependent upon one another, and every man is designedly incomplete. It is therefore the love design of our God that we surrender ourselves to one another in order that we may bear one another's burdens, and by our own individual fullness complete the gap in another man's needs. To live a selfish and exclusive life is to rob humanity of its due, and to dwarf and sterilize ourselves.—J. H. Jowett, in the Christian World.

Plant Virtues to Overcome Evil.
You will find it harder to uproot faults than to choke them by gaining virtues. In every person who comes near you look for what is good and strong; honor that; rejoice in it; and as you can, try to imitate it; and your faults will drop off, like dead leaves when their times comes.—Ruskin.

The Only Safe Place.
Put your faith where it will be safe; and the only place where a faith ever can be safe is in the shrine of an action.—Phillips Brooks.

The Union college football squad has installed huge nitrogen lamps on

MEN!

Are You
Able To
Judge Good
Shoes?



We believe we can and we feel that you will take our word for it that our better shoes were ever made than we are offering you right now.

It is true they cost more, but they're made of good leathers and over lasts that are perfect in style and just about the easiest and best fitting shoes you ever slipped your feet into.

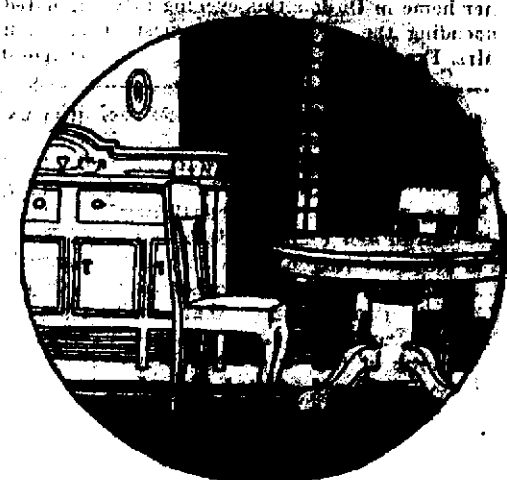
We're showing them in all the new shades of tan and black at

\$5.00, \$6.00, \$7.00, \$8.00, \$10.00

LYTLE BROTHERS

Corner Market and Second Sts. Clearfield, Penna.

The
Important
Room
On
Thanks-
giving



When the folks come home, when you have company in, to help you celebrate Thanksgiving your dining room must look its best.

Why not brighten it up with a new piece or two? It can be done without a great outlay of money and you'll have the satisfaction of knowing that your pleasant meal was not marred by a single discordant furniture note.

Dining Tables \$7 to \$25
(Including the TILTOP)
Chairs, set, \$10 to \$35
Buffets, \$25 to \$50

Knepp's Furniture Store

Rowland Theatre

Phillipsburg, Pa.

Tuesday, November 20

Henry Miller presents Jean Webster's charming comedy

"DADDY LONG LEGS"

A play that will please both young and old. This attraction played both Chicago and New York for a solid year. Will show here one night only.

Prices \$1.50, \$1.00, 75c and 50c

Seat Sale Monday, Nov. 19, 10 A. M.

A Business Without Worry

Saving money is a business, and it is the only business in the world that does not bring worries, and there is nothing that brings on old age like worries.

A savings account means less worry for each member of your family.

Start one in this bank and see if we are not right.

Clearfield National Bank

Classified Ads. For Everybody

HELP WANTED

WANTED—GIRLS AT THE VELVET MILL, CLEARFIELD, TEX. CO.

WANTED—Cook. In private family of three adults. Good home. Good wages. Plain cooking. References required. Address Mrs. Geo. E. McCague, Sewickley, Pa. N-17-1w-p

WANTED—A girl for general housework. Good wages. No washing or ironing. One with references preferred. Mrs. A. L. Moore, S. Second street. H. & C. 62x. N19-6t

LADY WANTED—To show and sell the finest line of Spring fabrics in the country. For particulars, address The Wilcox Company, Binghamton, N. Y. N19-5tp

WANTED

WANTED—Hand ironing to do. Apply 323 Locust street or call H. C. 243. N13-1w

WANTED—Highest prices paid for old scrap iron, old saw mill engines, traction engines, mining scrap. All kinds of junk. We are also in the market for beef hides and calf hides. For information call H. & C. 101 x or see J. Harris, 313 Ogden avenue, Clearfield, Pa.

SECOND HAND FURNITURE WANTED

We buy all kinds of second hand goods and pay the highest prices. Also we sell all kinds of new and second hand furniture at the lowest prices. Cash or credit. Abe Novoy, Brewery Hill H. & C. phone, 445x3. N10-1moch

WANTED—Old false teeth. Don't matter if broken. I pay \$2.00 per set. Send by parcel post and receive check by return mail. L. Mazer, 2007 S. Fifth Street, Philadelphia, Pa. N14-1moch

Mrs. A. S. Moulthrop returned to her home in DuBois this evening after spending the past week the guest of Mrs. Frank B. Row.

Dear, Peachy Skin Awaits Anyone Who Drinks Hot Water

Says an inside bath, before breakfast helps us look and feel clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.

NORFOLK TO VOTE ON NEW CHARTER

Norfolk, Va., Nov. 19.—Whether Norfolk is to adopt a new charter providing for the managerial form of government will be decided by the voters at a special election tomorrow. The new charter has the indorsement of the business organizations of the city, but so far as the general public is concerned the campaign has not been aroused commensurately.

FOR SALE

FOR SALE—A 4 cylinder Studebaker touring car at a bargain. Must sell at once. Apply Progress office. N19-6t

FOR SALE—One work horse. Will sell reasonable to quick buyer. Call H. & C. 280-2 or apply 106 William street.

THANKSGIVING TURKEYS

Anyone wanting turkeys for Thanksgiving can secure one by writing box 744, Curwensville. N16-1wa

DESIRABLE PROPERTY FOR SALE

7-roomed house on River street, lot 75x223, all modern conveniences. Call on address F. H. Conklin, 501 Nichols street. N17-1w

PERSONAL PROPERTY FOR SALE

The undersigned has on hand for quick private sale the following personal property:

One office heating stove, used in delivery stable office, a lot of fine heavy winter robes, one set double driving harness, one set single harness, (both practically new), four single sleighs, one 2 seater and one 3 seater sleigh, all are in first class condition. Will be sold reasonable to quick buyer. Call on or address A. L. Kline county treasurer's office, Clearfield, Pa. N13-1t

LOST

LOST, STRAYED OR STOLEN—Dark bay horse about three years old left the premises of Pete Kereczka of Carbon Mines between Clearfield and Curwensville. Has not been seen since Monday, November 12. Letters R. H. is branded on right hip. Any information will be thankfully received by Peter Kereczka of Clearfield, R. F. D. No. 4. N19-3tp

To women war workers in Lincoln, Neb., belong the credit of having originated the scheme of drying the community vegetables in the large evaporator.

BRYAN TO HELP MAKE CHICAGO DRY

Chicago, Ill., Nov. 19.—The campaign to bring about prohibition in Chicago is expected to receive new impetus from a series of addresses to be delivered here this week by William J. Bryan. Mr. Bryan has volunteered his services to the Dry Chicago Federation, which is in charge of the campaign. His first address is to be delivered tomorrow night in Medina Temple.

Miss Elizabeth Fishes who has been spending sometime at Gettysburg, returned home Saturday.

Ice Cream Is A Food

Men who have spent years in scientific research tell us that bulk for bulk, there is more nutriment in ice cream than in any other food you can eat.

This is particularly true of

Keystone Ice Cream

Made of the purest pasteurized milk, fresh fruit even at this season, cane sugar and all mixed and frozen in the most scientific manner possible.

Have you tried one of our new bricks with the red cross, the star or the heart of another flavor down the center? It's wonderfully delicious. Phone orders filled and deliveries made anywhere within the cruising radius of our trucks.

Keystone Ice Cream Company

H. & C. 198 Clfd., Pa.

OUR NEIGHBORS

CURWENSVILLE

Mrs. Margaret Draucker of Polk, Pa., spent Sunday with relatives and friends in town.

Miss Maude Norris, of Philipsburg was called here Saturday on account of the serious illness of her brother-in-law L. C. Bloom.

Mr. and Mrs. Walter Ballute returned home from their wedding trip Saturday evening.

Charles Ammerman, better known as "Peck," formerly of this place, now of Templeton, Pa., came home Saturday afternoon expecting to spend Sunday with his brother Clarence Ammerman who was expected home on a furlough from Camp Lee, Va. Saturday evening word was received that it would likely be Monday before he reached here, which was quite a disappointment, as Mr. Ammerman had to return to Templeton to resume his work Monday.

Mrs. Sam Wise and sister Mrs. Frank Moore of Bloomington, were shopping in our stores Saturday evening.

We are glad to state that our well known townsman, L. C. Bloom, who was taken seriously ill Saturday is somewhat improved.

Hear Miss Minerva Manchester, a reader and entertainer at the Presbyterian church Wednesday evening, Nov. 21. Tickets, adults, 25c; children 15c.

Quarterly communion was observed at the Lutheran church Sunday.

The Ladies Aid of the M. E. Church will hold a quilting at the home of Mr. and Mrs. Joe P. Robinson on State street Thursday Nov. 22.

Mr. and Mrs. Foster Heath and family of Sandy Ridge were Sunday visitors at the home of Mr. and Mrs. Wm. Twigg on Irvin Hill.

Miss Agnes Reed, of Glen Richey, is spending a few days at the home of Mr. and Mrs. J. G. Fullerton.

A new bell in the belfry of the A. M. E. Church on South Side called the members of that congregation to worship for the first time Sunday morning, its glad chiming being a welcome addition to the chorus pealed forth by the other churches, and the members of this congregation are to be commended for their untiring efforts to maintain and build up this church in the face of so many difficulties.

Mrs. Archie Bloom has been on the sick list for several days.

On account of the illness of the pastor, Rev. Joseph H. Cooke, there was no preaching in the Baptist church yesterday.

OSCEOLA MILLS

Mrs. A. S. Brown left this week for Battle Creek, Mich., for medical treatment. She will visit her daughters living at Pittsburgh, Pa., and Detroit, Mich., on her way to the sanitarium.

Mr. and Mrs. Herbert Gibson are now on their way to California. Mr. Gibson is just recovering from a serious operation and it will be some time before he is able to resume his work on the railroad.

Howard Evans who has been acting as a substitute teacher in our High School for some time is seriously ill at his father's home on Blanchard street with an attack of pleura pneumonia.

Hon. C. H. Rowland and Geo. W. Zeigler Esq. were business visitors in town Friday.

Frank Casey, Thos. Loftus and Mike Morris three of our soldier boys stationed at Camp Upton, arrived home on Saturday morning for a

FIRE

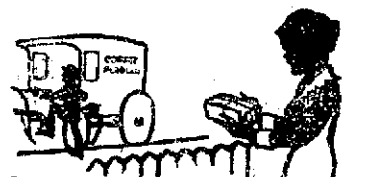
Which occur at the rate of one a minute, destroy every year the value of 30,000 airplanes—enough to

Win the War

Insure with

Helmhold & Stewart

Snyder Block



The money you gave him was good—how about the coffee you got?

HIS coffee is nameless. You will not know its quality till you try it. Why take chances? Buy Golden Sun Coffee from your grocer. He has a reputation to live up to. Golden Sun Coffee is dustless, chaffless—all coffee. Its full strength and freshness make it give an unusual number of fragrant cups to the pound.

Golden Sun Coffee



brief furlough with the home folks. All are looking fine and are well pleased with the training which they are receiving.

Mr. L. Baird:

Cannot commend too highly work of Y. M. C. A. in ambulance camp at Allentown Association. Is not only principal Christian influence in lives of the soldiers but furnishes most of the amusements. Also provides place to read and write letters and furnish music and other amusements.

WILLIAM D. McCLAREN.

PROPOSALS WANTED

Pennsylvania State Highway Department, Harrisburg, Pa. Sealed proposals will be received at said office until 10 A. M. December 11, 1917, when bids will be publicly opened and scheduled, and contracts awarded as soon thereafter as possible, for the reconstruction of the linear feet of vitrified block pavement 22.5 feet wide, situated on South Second Street, State-aid application No. 723, and 357 linear feet of vitrified block pavement 18 feet wide, situated on Third Street, State-aid application No. 724, in Clearfield Borough, Clearfield County; also 4700 linear feet vitrified block pavement 16 and 18 feet wide situated in Lawrence township, Clearfield County, State-aid application No. 720. Bidding blanks and specifications may be obtained free, and plans upon payment of \$2.50 per set, upon application to State Highway Department, Harrisburg, 1001 Chestnut Street, Philadelphia, 904 Hartje Building, Pittsburgh and Deposit National Bank Building, DuBois, Pa. J. D. O'Neill, State Highway Commissioner. N19-28D7

"OLD GLORY" HORSE SALE

New York, Nov. 19.—The annual "Old Glory" horse sale by auction began today at Madison Square Garden, with a total of more than 500 horses of various breeds to be disposed of, including a number of trotters and pacers of high repute and low records. The consignment to go under the hammer range from highly bred yearlings to aged and matured campaigners.

PIMPLY? WELL, DON'T BE!

People Notice It. Drive Them Off with Dr. Edwards' Olive Tablets

A pimply face will not embarrass you much longer if you get a package of Dr. Edwards' Olive Tablets. The skin should begin to clear after you have taken the tablets a few nights.

Cleanse the blood, the bowels and the liver with Dr. Edwards' Olive Tablets, the successful substitute for calomel; there's never any sickness or pain after taking them. Dr. Edwards' Olive Tablets do that which calomel does, and just as effectively, but their action is gentle and safe instead of severe and irritating.

No one who takes Olive Tablets is ever cursed with "a dark brown taste," a bad breath, a dull, listless, "no good" feeling, constipation, torpid liver, bad disposition or pimply face.

Dr. Edwards' Olive Tablets are a purely vegetable compound mixed with olive oil; you will know them by their olive color.

Dr. Edwards spent years among patients afflicted with liver and bowel complaints, and Olive Tablets are the immensely effective result.

Take one or two nightly for a week. See how much better you feel and look. 10c and 25c per box. All druggists.

CHICHESTER'S PILLS

THE LITTLE PILLS THAT DO BIG THINGS FOR WOMEN. They cure all the troubles of the female system, such as irregularity, pain, etc.

CHICHESTER'S PILLS FOR WOMEN. They are the only pills that are so gentle and so effective.



When you wash Stockings

Use Fels-Naptha soap—no boiling is necessary and it cleans stockings perfectly, even without hard rubbing.

It won't rot the fibres of fine silk stockings. It won't take away the lustre of mercerized hose. And it's ideal for keeping cotton stockings soft and comfortable.

The best way to wash stockings—warm Fels-Naptha suds.

Fels-Naptha won't turn white silk stockings yellow.

Save Endless Toil And Many a Dollar

HOW TO HELP THE KAISER

By Theodosia Garrison of The Vigilantes

One can help the Kaiser very much in little ways. Accept these few suggestions to aid his troubled days.

Eat a hearty breakfast, the sort you always do.

Take three lumps of sugar instead of merely two.

Glance through the morning papers, ignoring those appeals.

That follow, earnest mendicants, on one another's heels.

Why should one spoil a pleasant day with things that touch the heart?

Since every penny one withholds helps Wilhelm do his part?

Put in an easy afternoon upon the Avenue.

A matinee, a cup of tea—those help, they really do.

And when the lights of evening burn, and you have wine and dinner.

Go hear a German opera that elevates the mind.

And once at home sit down in peace.

before your glowing log And knit a cunning sweater for your darling little dog.

So do your bit for Germany in these unfriendly days. One can help the Kaiser very much in little ways.

REV. PICKETT AT MT. JOY

Rev. Pickett, the temperance speaker will be at the Mt. Joy church this evening at 8:00. Turn out to hear him.

FOR SALE—Overland touring car, tires, good as new. Good shape all around. Will sell at a big sacrifice to quick buyer. Must come soon. For information call H. & C. phone 10x or see J. Harris, 313 Ogden Ave. N19-1w

SPORT CHATTER

The government tax on admission tickets to the recent six-day bicycle race in DuBois amounted to nearly \$1,000.

Milwaukee boxing promoters are trying to arrange a bout for Joe Egan with Willie Ritchie or Bryan Downey.

"Rabbit" Maranville, the Braves star shortstop, is the latest Boston pastime to make application for enlistment in the navy.

In the hopes of landing a match with Fred Fulton, Frank Moran the Pittsburgh heavy, has turned down an offer for a setto with Jim Coffey.

Mike McNulty former manager of Johnny Ertle, has taken Roy Moore under his wing. Mike desires to match his new bantam for a rumput with the St. Paul scrapper.

It is hinted that the Eastern League and the New York state league may pool issues and organize a new baseball circuit.

Bob Fowler, University of Pennsylvania football coach, is of the opinion that Pittsburgh has a stronger eleven than has Georgia Tech and that Pitt can beat the Georgia wonders.

Owner Huppert and Manager Huggins of the Yankees are busy trying to strengthen the New York team next season. A good tiffing outfielder and a substitute infielder are sought.

THANKSGIVING

Carving The Great American Bird

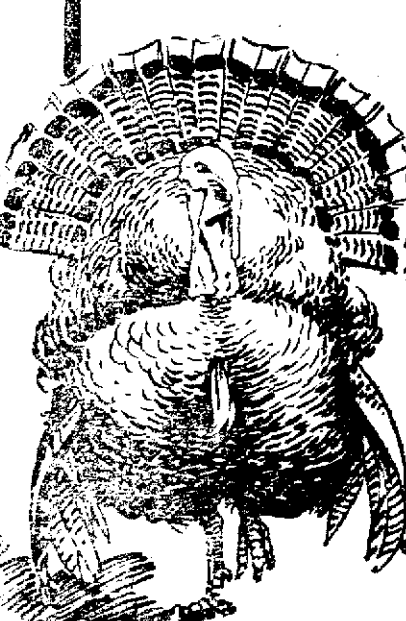
When you sit down to carve the turkey on Thanksgiving you'll find that one of these fine carving sets of ours will be of material aid in the performance of that national feat.

Knives are of the kind of steel that takes an edge and holds it. The steels are of the finest cut highly tempered steel; the forks to the full sets have tines that will not bend easily and all have finger guards.

Bird Sets, stag handles, \$2.50.
Steak Sets, silver plated handles, \$1.50.
Steak Sets, stag handles, set \$3.
Steak Sets, ivory handles, set \$3.
Carving Sets, stag handles, set, \$4.50.
Carving Sets, heavily plated handles, set,

Carving sets, silver handles and silver ferrules, set, \$6.
Carving sets, stag handles with silver ferrules, set, \$5.50.
\$5.00.

W.F.Powell



GLOBE

THEATRE

TONIGHT

Special Fox-Feature
Little Jane and Katherine Lee
in
"TWO LITTLE IMPS"
A novelty surprise drama
in 6 Great Acts

Famous Christie Comedy
"HIS LAST PILL"
All Stars

Music by the famous Warlitzer
Orchestra

Admission 10 and 15c

COMING TOMORROW

Greater Vitagraph Blue Ribbon
Feature
Mary Anderson with Alfred Whiteman
With all Stars
in

"SUNLIGHT'S LAST RAID"
The drama of a girl who came to
know real love in the midst of
border perils
in 5 Wonderful Acts

Special Bobby Connelly Feature

SUNDAY BASEBALL IS DRAWING NEAR

By H. C. Hamilton
(United Press Staff Correspondent)
New York, Nov. 19.—Sunday base-
ball is certain to have a chance when
the New York legislature gets busy
on its next session. And whether
Charles H. Ebbets' undying energy
gets the decision or not, it may be
stated with positive finality, that sen-
timent in favor of the Sabbath-day
game is so strong it cannot long be
held off in the east.

Kicking the blue out of the anti-
quated blue laws of New York state
would be a boon, to Ebbets more than
to any other club owner in either of
the big leagues, for it would be giving
him the opportunity to make some
money without whittling the edges off
all the nickels he collects. It's pretty
tough picking most of the time in
Brooklyn, mainly because the people
in Brooklyn, are on Manhattan Island
when ball games are being played.
They crowd his park on Saturdays.

If Ebbets could get in a few punch-
es on a Sunday schedule his smile
would grow wider and wider. He
could pack his park every Sunday.
New York doesn't need the Sunday
pastime to line the treasury with cop-
pers. The old grounds suffer and
green under huge crowds, several
times every season. Imagine, how-
ever, what might happen if a nick
could be put in the ancient puritanical
laws and allow the Polo grounds to
swing open their gates every Sunday
afternoon. Harry Tempstead's cup-
and bank account—would be running
over in a few years. And the same
could be said for Col. Jacob Ruppert
and Capt. T. L. Huston.

It would be hard to arrange a fitting
schedule for just two clubs in the Na-
tional league in the east on Sunday,
and one in the American league, but
the example set by New York State
would induce neighboring common-
wealths to fall in line shortly there-
after.

FORMER VIRGINIAN IN HOUSE OF LORDS

London, Nov. 19.—(By Mail.)—
America has an indirect representa-
tive in the British House of Lords.

He is Lord Fairfax, recently elected
a representative Scottish peer—an
American-born, naturalized British
subject.

The Fairfax family settled in
America about two hundred years ago
the sixth Lord receiving from his
mother about 5,700,000 acres of land
in Virginia. He settled thereon, leav-
ing English estates to his brother.

The Fairfaxes played a consider-
able part in American history. A
daughter of the sixth peer married a
brother of George Washington
"Thackeray" was inspired to write his
"Virginians" by the Fairfax story.

The present Lord proved his claim
to the peerage in 1908. He had pre-
viously visited England by special in-
vitation to attend the coronation of
King Edward. He traveled then un-
der the name of "Mr. Fairfax."

Save That Pig

After it's butchered comes the
question of saving the meat for
future use.

No worry if you'll use
Wright's

LIQUID SMOKE
and
HAM PICKLE

Use the two in conjunction
and you'll be eating delicious
ham and bacon months from
now.

STEWART'S DRUG STORE

Gossip for Tonight's Tea Table

Mr. and Mrs. H. S. Whiteman and
guests Mrs. Nannie B. Fulford and
Misses Augusta and Sarah Gaulin
motored to DuBois and spent Sunday.
Mrs. Charles Schenck of Philadel-
phia is the guest of her cousin Mrs.
M. L. McQuown at her home on Sec-
ond street.

Miss Grace Moore has returned
home from a two weeks visit to Wash-
ington and Baltimore, Md.

The Hospital Bridge Club will meet
Wednesday afternoon at two o'clock
at the home of Mrs. Harry Boulton on
West Market street.

Miss Elizabeth Stewart entertained
a number of her girl friends at a
"drop in" Saturday afternoon at her
home on Pine street.

Miss Maud Elder, of Curwensville
spent Sunday with her cousin Miss
Lysle Cooper.

Mrs. E. E. Orcutt and guests mo-
tored to DuBois Saturday.

Miss Julia Miller left Sunday to
spend a few days in Philadelphia.
Judge Singleton Bell left yesterday
for Washington, Pa., where he will hold
court.

Miss Helen Wrigley of Mahaffey was
the guest over the week end of Miss
Myrtle Bryan.

Miss Fane Shaw of Houtzdale,
spent the week end with her friend
Miss Elizabeth Toot.

Miss Tensie Way and sister Mrs.
Powell spent Sunday with their sis-
ter Mrs. W. P. Watson.

A. W. Lee Jr., John F. Short and
P. T. Davis have returned from a
trip to Ashville, N. C.

Mrs. O. C. Lansberry of Arcadia,
was shopping in Clearfield today.

Mr. and Mrs. George McCullough,
of Tyrone, spent Sunday with rela-
tives here.

L. D. McCall of DuBois, had busi-

CROUP

Spasmodic croup is
usually relieved with
one application of—
VICKS VAPORUB



ness in town today.

Mrs. W. H. Spare and daughter
Dorothy returned to their home in
Altoona yesterday after a few days
visit with friends in Clearfield.

Mr. and Mrs. A. E. Leitzinger have
returned from a trip to Philadelphia.

Mrs. Fred Robinson, of Curwens-
ville, was shopping in our stores Sat-
urday.

Miss Kathryn Shearer of Curwens-
ville, spent Saturday evening in Clear-
field.

Mr. and Mrs. W. T. Hinkle, daugh-
ter Emma and son Richard motored to
DuBois and spent Sunday with their
son and brother Fred Hinkle and
family.

Mr. and Mrs. P. L. Brion and family
motored to Philipsburgh and spent
Sunday.

Mrs. Richard Madison Bodines is
visiting her sister Mrs. M. E. West-
cott.

Miss Mary Westcott who is teaching
at Madera spent the week end with
her parents here.

Albert Derrick left for a week's
hunting trip.

E. H. Cowell of Pittsburgh, spent
the week end with friends here.

District Attorney elect John Arnold,
of DuBois, attended to business here
today.

Mr. and Mrs. G. J. Weber and
daughter Janet and Malcolm Knarr, of
Troutville motored to Clearfield yes-
terday afternoon and visited W. E.
Davis and family.

Mr. and Mrs. E. C. Davis and fam-
ily and Mr. and Mrs. W. E. Davis and
daughter Orrell attended the quarterly
meeting at Grampian yesterday.

Misses Margaret and Kathryn Hep-
burn, of DuBois, and Miss Mary
Langton, of Snow Shoe were the
guests of the Misses Ericson's over
Sunday.

Mr. and Mrs. Emory Hummel, Miss
Gertie and Ella Ardary, of Clearfield,

visited at the home of Jack McNaul
in Pike township, on Sunday.

Mrs. Ruth Barnett and son Robert
Barnett, Miss Alta Straw, David
Straw and Frank P. Shaw, motored to
Madera yesterday and took dinner
with Mr. and Mrs. Copelin.

Mrs. Flick of DuBois, spent Sunday
with her sister Mrs. Charles Hile.

Miss Elizabeth Merry left Saturday
for Akron, Ohio, where she will visit
Mrs. Briner formerly Miss Verna
Hills of this place.

GIRL LEADS U. S. CAVALRY IN BATTLE AGAINST OUTLAWS

A great scene of thrills is filmed at
the close of "Sunlight's Last Raid,"
where a band of outlaws swoops down
on a ranch house determined to kill
every occupant, women and children
included. From window and loop hole
the defenders put up a brave fight,
shooting down a score of Mexicans un-
til their ammunition is almost ex-
hausted and nearly everyone is suf-
fering wounds.

Their fate seems sealed when the
rancher's daughter slips from the
house unobserved by the bandits, and
riding across the prairies returns with
a troop of U. S. cavalry just as the
outlaws set fire to the house. The
latter are quickly routed and flee to
the mountains where they run into a
band of vigilantes and are exterminat-
ed, and their leader killed.

In this Greater Vitagraph Blue Rib-
bon Feature which will be the attrac-
tion in the Globe Theatre tomorrow,
the part of Janet is taken by Miss Mary
Anderson, and the remainder of the
cast includes V. Howard, Alfred Whit-
man, Fred Burns, and A. Garcia.

GOLDEN WEDDING INVITATION

On Saturday, November 24th, 1917,
the Golden wedding of County Com-
missioner and Mrs. Austin Haney has
been arranged for and their relatives,
friends and neighbors will be welcom-
ed at any time during the day and
they will be glad to see them at their
home at No. 414 Turnpike avenue. The
invitation is made thus general so
that no mistakes will be made and
none be missed or sighted.

The Short Route Between Buyer And Seller

The "WANT AD" Section of The PRO-
GRESS Is Common Ground On
Which A Great Crop of Busi-
ness Can Be Grown For
Little Expense

The shortest route between producer and consumer is
a little trade-pulling want ad in our classified columns.

Every subscriber reads that section of the paper as
closely as they do the news, the farmer, the brickyard
worker, the miner, the merchant, the housewife, every-
one who reads THE PROGRESS reads the classified sec-
tion.

Mr. Farmer, what's the use of wasting hours in look-
ing up customers for your products when you can sell
them this way? Your time is worth as much to you as if
you were paid by someone else. There's a great many
people that want your products; you want to sell; these
little adlets pull business as strongly as your stump pull-
er; try an ad in our classified section.

Is Your Time Worth A Dollar A Week?

Can you see over two thousand possible customers
every day by the old method of house to house calls; can
you make money any easier by arranging your trip so
that you can get your produce sold in the least possible
time and get back to the work at home; can you let the
people know what you have to sell as cheaply as by this
method?

A little business-pulling want ad in THE PROGRESS
costs you twenty-five cents for one insertion and then
fifteen cents for each time after that and you tell your
selling story to over two thousand possible buyers every
night!

Send in your want ads by mail, over the telephone or
drop in the office yourself and talk it over with the

PROGRESS Adman

JUMP FROM BED IN MORNING AND DRINK HOT WATER

Open sluices of system each morning and
wash away the poisonous, stagnant
matter, says authority.

A glass of hot water with a teaspoonful of
limestone phosphate in it, drank each
morning before breakfast, keeps
us looking and feeling fit.

Life is not merely to live, but
to live well, eat well, digest well,
work well, sleep well, look well.
What a glorious condition to
attain, and yet how very easy it is
if one will only adopt the morning
inside bath.

Folks who are accustomed to
feel dull and heavy when they
arise, splitting headache, stuffy
from a cold, foul tongue, nasty
breath, acid stomach, can, instead,
feel as fresh as a daisy by open-
ing the sluices of the system each
morning and flushing out the
whole of the internal poisonous
stagnant matter.

Everyone, whether ailing, sick
or well, should, each morning,
before breakfast, drink a glass
of real hot water with a teaspoon-
ful of limestone phosphate in it
to wash from the stomach, liver,
kidneys and bowels the previous
day's indigestible waste, sour
bile and poisonous toxins; thus
cleansing, sweetening and puri-

fying the entire alimentary canal
before putting more food into
the stomach. The action of hot
water and limestone phosphate
on an empty stomach is wonder-
fully invigorating. It cleans out
all the sour fermentations, gases,
waste and acidity and gives one
a splendid appetite for breakfast.
While you are enjoying your
breakfast the water and phos-
phate is quietly extracting a large
volume of water from the blood
and getting ready for a thorough
flushing of all the inside organs.

The millions of people who
are bothered with constipation,
bilious spells, stomach trouble,
rheumatism; others who have
sallow skins, blood disorders and
sickly complexions are urged to
get a quarter pound of limestone
phosphate from the drug store,
which will cost but little, but is
sufficient to make anyone a pro-
nounced crank on the subject of
internal sanitation.